

# School District of Marshfield Course Syllabus

Course Name: Food & Hospitality Length of Course: Semester Credit: 1/2 Credit

#### **Program Goal:**

Empower learners to be college and career ready through standards-based experiences in the classroom and through career-based learning experiences with business and industry partners.

#### **Course Description:**

Gain knowledge of and practice the skills necessary for success in the food service industry by participating in food service simulations while developing skills needed for the workplace. Young adults in this course will also develop the problem solving skills that we need to become resourceful employees while examining trends that affect the way society views the food we eat.

Wisconsin Standards for Family	& Consumer Sciences (FACS)		
Facilities and Management Maintenance			
<b>FMM1:</b> Students will integrate knowledge management and maintenance.	<b>FMM1:</b> Students will integrate knowledge, skills and practices required for careers in facilities		
<b>Demonstrate sanitation procedures for a clean and safe environment.</b> FMM1.c	<ul> <li>1.c.6.m: Identify the importance of a clean and sanitary environment.</li> <li>1.c.8.m: Analyze the potential health concerns when dealing with blood borne pathogens.</li> <li>1.c.9.m: Explore Integrated Pest Management practices (IPM).</li> <li>1.c.10.m: Analyze the effectiveness of proper hand washing.</li> </ul>		
<b>Demonstrate a work environment that</b> <b>provides safety and security.</b> FMM1.e	<ul> <li>1.e.8.m: Summarize the importance of safety as it relates to food safety and work safety.</li> <li>1.e.12.h: Demonstrate safe procedures in the use, care and storage of equipment.</li> </ul>		
<b>Demonstrate facilities management</b> <b>functions.</b> FMM1.g	<ul> <li>1.g.8.m: Identify employability skills needed in the workplace.</li> <li>1.g.16.h: Demonstrate quality customer service which exceeds customer expectations.</li> <li>1.g.21.h: Apply principles of purchasing and receiving in facility management operations</li> </ul>		
Food Production and Services			
<b>FPS1:</b> Students will integrate knowledge, s and services.	kills and practices required for careers in food production		
Analyze career paths within food production and food services industries. FPS1.a	1.a.8.h: Summarize education and training requirements and opportunities for career paths in food production and services.		
Demonstrate food safety & sanitation procedures. FPS1.b	<ul> <li>1.b.14.m: Identify signs of illnesses that would result in staying home from school or work</li> <li>1.b.19.h: Identify characteristics of major food borne pathogens, their role in causing illnesses, foods involved in outbreaks and methods of prevention.</li> <li>1.b.21.h: Use knowledge of systems for documenting, investigating, reporting and preventing food borne illnesses.</li> <li>1.b.21.h: Use knowledge of systems for documenting, investigating, reporting and preventing food borne illnesses.</li> <li>1.b.21.h: Use knowledge of systems for documenting, investigating, reporting and preventing food borne illnesses.</li> <li>1.b.24.h: Demonstrate proper purchasing, receiving, storage and handling of both raw and prepared foods.</li> <li>1.b.25.h: Demonstrate safe food handling and preparation techniques that prevent cross contamination from potentially hazardous foods, between raw and ready-to-eat foods and between animal and fish sources and other food products.</li> </ul>		

Demonstrate industry standards in selecting, using and maintaining food production and food service equipment. FPS1.c Demonstrate menu planning principles	<ul> <li>1.c.7.m: Demonstrate how to properly wash and sanitize dishes and cooking surfaces.</li> <li>1.c.9.h: Operate tools and equipment following safety procedures.</li> <li>1.c.11.h: Demonstrate procedures for cleaning and sanitizing equipment, serving dishes, glassware and utensils to meet industry standard.</li> <li>1.d.9.h: Apply menu-planning principles to develop and</li> </ul>
and techniques based on standardized recipes to meet customer needs. FPS1.d	<ul> <li>modify menus.</li> <li>1.d.10.h: Analyze food, equipment and supplies needed for menus.</li> <li>1.d.11.h: Prepare requisitions for food, equipment and supplies</li> </ul>
Demonstrate professional food preparation methods and techniques for all menu categories to produce a variety of food products that meet customer needs. FPS1.e	<ul> <li>1.e.26.h: Demonstrate professional skills in safe handling of knives, tools and equipment.</li> <li>1.e.27.h: Demonstrate professional skills for a variety of cooking methods including roasting, broiling, smoking, grilling, sautéing, pan frying, deep frying, braising, stewing, poaching, steaming and baking using professional equipment and current technologies.</li> <li>1.e.28.h: Utilize weights and measurement tools to demonstrate knowledge of portion control and proper scaling and measurement techniques</li> <li>1.e.29.h: Apply the fundamentals of time, temperature and cooking methods to cooking, cooling, reheating and holding of variety of foods</li> <li>1.e.30.h: Prepare various meats, seafood and poultry using safe handling and professional preparation techniques.</li> </ul>
<b>Demonstrate the concept of internal and external customer service.</b> FPS1.g	<ul><li>1.g.3.m: Discuss when you have experienced good/poor service at a restaurant.</li><li>1.g.9.h: Apply strategies for addressing and resolving complaints.</li></ul>
Food Science, Dietetics and Nutrition	
<b>FSDN1:</b> Students will integrate the knowled science, food technology, dietetics and nutr	dge, skills and practices required for careers in food ition.
<b>Apply risk management procedures to</b> <b>food safety, food testing and sanitation.</b> FSDN1.b	<ul> <li>1.b.9.m: Explore food borne illness and discover ways to reduce the spread of microorganisms.</li> <li>1.b.10.m: Explain the importance of safety and sanitation procedures used by food service professionals.</li> <li>1.b.11.m: Investigate documented food borne illness outbreaks.</li> <li>1.b.22.h: Demonstrate practices and procedures that assure personal and workplace health and hygiene.</li> </ul>
<b>Demonstrate use of current technology</b> <b>in food product development and</b> <b>marketing.</b> FSDN1.e	<ul> <li>1.e.6.m: Prepare food for presentation and assessment.</li> <li>1.e.7.m: Demonstrate the proper use of equipment and supplies.</li> <li>1.e.11.h: Analyze various factors that affect food preferences in the marketing of food.</li> </ul>

<b>Demonstrate food science, dietetics and</b> <b>nutrition management principles and</b> <b>practices.</b> FSDN1.f	<ul><li>1.f.7.m: Compare and contrast food preparation and production.</li><li>1.f.8.m: Identify food quality standards.</li></ul>
Nutrition and Wellness	
well-being.	and wellness practices that enhance individual and family
<b>Evaluate the nutritional needs of</b> <b>individuals and families in relation to</b> <b>health and wellness across the life span.</b> NW1.b	1.b.5.m: Identify key nutrients and list ways nutrients can promote health and prevent chronic disease.
<b>Evaluate factors that affect food safety</b> <b>from production through consumption.</b> NW1.d	<ul> <li>1.d.13.h: Analyze conditions and practices that promote safe food handling.</li> <li>1.d.14.h: Explain how contaminants may enter the food supply at various points in a food chain.</li> <li>1.d.16.h: Explain how food importing/exporting, processing, food handling and cooking methods can affect the safety of our food supply.</li> </ul>
<b>Evaluate the influence of science and technology on food composition, safety and other issues.</b> NW1.e	<ul> <li>1.e.3.m: Identify food marketing strategies and food preservation techniques.</li> <li>1.e.6.h: Analyze how scientific and technical advances influence the nutrient content, availability and safety of foods.</li> <li>1.e.7.h: Analyze how scientific and technical advances in food processing, storage, product development and distribution influence nutrition and wellness.</li> <li>1.e.9.h: Analyze the effects of food science and technology on meeting nutritional needs.</li> </ul>
Wisconsin Common Career Tec Career Development	hnical Standards (WCCTS)
<b>CD1:</b> Students will consider, analyze and a skills and talents.	apply an awareness of self, identity and culture to identify
Identify person strengths, aptitudes and passions. CD1.a	1.a.3.h: Evaluate various occupations and career pathways to identify personal, academic and career goals based on personal strengths, aptitudes and passions.
<b>Demonstrate effective decision making,</b> <b>problem solving and goal setting.</b> CD1.b	<ul><li>1.b.3.m: Develop effective coping skills for dealing with problems.</li><li>1.b.5.h: Use a decision-making and problem-solving mode.</li></ul>
<b>CD2:</b> Students will identify the connection between educational achievement and work opportunities in order to reach personal and career goals.	
Assess attitudes and skills that contribute to successful learning in school and across the life span. CD2.b	<ul><li>2.b.4.m: Assess changes due to influences and shifts in regional, national and global economies related to career opportunities.</li><li>2.b.5.m: Apply academic information from a variety of sources to enhance career preparedness and lifelong learning.</li></ul>

2.b.6.m: Research local and regional labor market and job
growth information to analyze career opportunities.
2.b.7.h: Interpret and analyze the impact of current
education, training and work trends on life, learning and
career plans.
2.b.8.h: Assess education and training opportunities to
acquire new skills necessary for career advancement.
2.b.9.h: Analyze local and regional labor market and job
growth information to select a career pathway for
potential advancement.

**CD3:** Students will create and manage a flexible and responsive individualized learning plan to meet their career goals.

Investigate the world of work in order	3.a.5.m: Demonstrate the ability to use technology to	
to gain knowledge of self in order to	retrieve and manage career information that inspires	
make informed career decisions.	educational achievement.	
CD3.a	3.a.6.m: Build an ongoing awareness of personal abilities,	
	skills, interests and motivation and determine how these	
	fit with chosen career pathway.	
	3.a.7.m: Develop an individual learning plan to enhanc	
	educational achievement and attain career goals based on	
	a career pathway.	
	3.a.8.m: Choose career opportunities that appeal to	
	personal career goals.	
	3.a.9.m: Use assessment results in educational planning	
	including career awareness.	
	3.a.10.h: Analyze how career plans may be affected by	
	personal growth, external events and changes in	
	motivations and aspirations.	
	3.a.11.h: Apply academic and employment readiness	
	skills in work-based learning situations such as	
	internships, shadowing and/or mentoring experiences.	
	3.a.12.h: Evaluate changes in local, national and global	
	employment trends, societal needs and economic	
	conditions related to career planning.	
	3.a.13.h: Recognize how chance opportunities integrate	
	with learning and career goals.	
	3.a.14.h: Implement an individual learning plan to	
	maximize academic ability and achievement.	
Examine and evaluate opportunities	3.b.2.m: Describe educational levels (e.g., work-based	
that could enhance life and career plans	learning, certificate, two-year, four-year and professional	
and articulate plan to guide decisions	degrees) and performance skills needed to attain personal	
and actions.	and career goals.	
CD3.b	3.b.3.m: Demonstrate openness to exploring a wide range	
	of occupations and career pathways.	
	3.b.4.h: Implement strategies for responding to transition	
	and change with flexibility and adaptability.	
	3.b.5.h: Evaluate the relationship between educational	
	achievement and career development.	

Employ career management strategies	3.c.3.m: Identify work values and needs.	
to achieve future career success and	3.c.4.m: Define adaptability and flexibility in the world of	
satisfaction.	work.	
CD3.c	3.c.5.h: Determine how principles of equal opportunity,	
	equity, respect, inclusiveness and fairness, affect career	
	planning and management.	
	3.c.6.h: Discuss how adaptability and flexibility,	
	especially when initiating or responding to change,	
	contributes to career success.	
CD4: Students will identify and apply emp	•	
Identify and demonstrate positive work	4.a.3.m: Demonstrate self -discipline, self-worth, positive	
behaviors and personal qualities	attitude and integrity.	
needed to be employable.	4.a.4.m: Demonstrate flexibility and willingness to learn	
CD4.a	new knowledge and skills.	
CD4.a	4.a.5.m: Identify positive work qualities typically desired	
	in each of the career cluster's pathways.	
	4.a.6.h: Evaluate how self-discipline, self-worth, positive	
	attitude and integrity displayed in a work situation affect	
	employment status.	
	4.a.7.h: Assess how flexibility and willingness to learn	
	new knowledge and skills affect employment status.	
	4.a.8.h: Apply communication strategies when adapting to	
	a culturally diverse environment.	
	4.a.9.h: Use positive work	
	qualities typically desired in each of the career cluster's	
	pathways.	
	4.a.10.h: Manage work roles and responsibilities to	
	balance them with other life roles and responsibilities.	
Demonstrate skills related to seeking	4.b.3.m: Use technology to assist in career exploration and	
and applying for employment to find	job seeking activities.	
and obtain a desired job.	4.b.5.h: Use multiple resources to locate job opportunities.	
CD4.b	4.b.6.h: Prepare a resume, cover letter, employment	
	application.	
	4.b.7.h: Employ critical thinking and decision-making	
	skills to exhibit qualifications to a potential employer in	
	an interview.	
Identify and exhibit traits for retaining	4.c.2.m: Demonstrate the behavior and etiquette	
employment.	appropriate to interactions with adults.	
CD4.c	4.c.3.m: Distinguish between appropriate behaviors in a	
	social vs. professional setting.	
	4.c.4.h: Model behaviors that demonstrate reliability and	
	dependability.	
	4.c.5.h: Maintain appropriate dress and behavior for the	
	job to contribute to a safe and effective workplace/jobsite.	
	4.c.6.h: Complete required employment forms and	
	documentation.	
	4.c.7.h: Summarize key activities necessary to retain a job	
Develop positive velotion-him	in an industry.	
Develop positive relationships with	4.d.5.h: Participate in cocurricular and community	
others.	activities to enhance the school experience.	

CD4.d	4.d.6.h: Evaluate the best method to assist co-workers in
	accomplishing goals and tasks.
	4.d.7.h: Examine the skills required to enable students to
	successfully transition to postsecondary opportunities.

Key Vocabulary	:		
a la carte	al dente	basting	blanching
braising	breading	cross-contamination	back of the house
convection oven	conventional oven	cuisine	dredge
entree	mince	invoice	julienne
mise en place	slotted spoon	plating	portion scale
proofer	front of the house	puree	

### **Topics/Content Outline- Units and Themes:**

#### **Quarter 1:**

- Examine eating patterns and trends that affect the food service industry
- Demonstrate how to prevent food borne illness
- Describe how to prevent kitchen accidents (cuts, burns, falls)
- Compare equipment, tools & utensils in food service kitchens
  - Small equipment & utensils
  - Industrial equipment, care & cleaning
- Examine food preparation methods
- Demonstrate how to follow a standardized recipe
- Identify the importance of cost control and proper selection & storage of food

## Quarter 2:

- Investigate the importance of nutrition in food service
- Create a menu for a restaurant operation
- Prepare and identify breakfast foods and sandwiches
- Apply the technical & employability skills necessary for success in foodservice
- Research foodservice careers
- Final Project Food Truck

<b>Primary Resource(s):</b>	
Exploring Professional Cooking	Becoming a Restaurant & Food Service
Glencoe McGraw-Hill	Professional (ProStart)
ISBN: 0-02-668489-6	National Restaurant Association
© 1996	ISBN: 1-58280-117-7
	© 2005